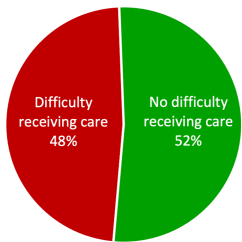


Top 5 Health Priorities in Denali Borough

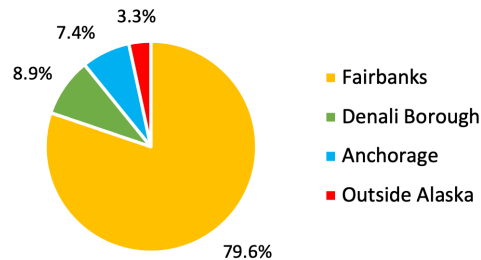
#1 Access to Healthcare

Denali Borough residents face barriers accessing healthcare, due to medical provider shortages, long travel times to care, lack of insurance coverage, and high costs.

Almost half of adults in the Denali Borough report difficulty getting medical care



Where adults in the Denali Borough receive healthcare



Types of services adults have difficulty accessing:

Primary care and general practitioner

Dentist

Pharmacy

Specialty care



#2 Mental Health, Alcohol and Substance Use

Community members report difficulty accessing mental health services and treatment for alcohol and substance use. There is a need for education and support groups, as well as addressing stigma around mental health.

#3 Housing

Housing affordability, lack of available housing units, and substandard housing are common concerns among the community. Housing affects mental health, including sleep, relationships, and stress, as well as physical health.



#4 Nutrition

There is only one grocery store in the Denali Borough, and many residents must drive long distances to access healthy food. Low-income residents encounter greater challenges due to lack of transportation options and high cost of food.

#5 Physical Activity and Indoor Recreation

Despite many outdoor recreation options, there are few options for indoor recreation during the winter, which can contribute to mental health challenges.

